



Junior Waleed Abouelela is back for another year after qualifying for the regionals last season (Photo by Dennis Symons Jr./purchase photos at www.dennissymons.com).

NOTTINGHAM 2011-12 WRESTLING OUTLOOK

Head coach: Jason "The Rock" Marasco

Assistants: James Becker, Charlie Iacano, Jim McGee

Last season: 8-14, Waleed Abouelela region qualifier

Roster: 103-Josh Magee (So.); 113-Hamzah Mohammed (So.); 120-Hector Davila (Jr.), Jordan Lebo (So.); 126-Jacob Kouroume (Jr.); Nick DeMari (So.); Pat Bruno (So.); 132-Justin Dempsey (Jr.); Jahi Coleman (Jr.); Dan Ramirez (Jr.); 138-John Pinos (Jr.); Sean Maloney (Jr.); 145-Waleed Abouelela (Jr.), Kevin Simon (Jr.); 152-Sidibrima Massaquoi (Sr.); 160-Tyler McKeon (Jr.); John Luckie (Sr.); 182-Hector Comulado (Jr.); 195-Wroway Williams (So.), Chris Scanlon (So.); 220-Kevin Meneus (So.); Hwt-Kevin Ronan (So.).

Marasco says: We have more talent spread out through the lineup. We're still very young with only four seniors on the team and only three will start. We have more sophomores with varsity experience. Juniors and sophomores will have to step up BIG and often to keep us competitive. We have a great and athletic group of freshmen.

We're going for 12 to 15 wins and I sure hope it happens, but realistically we should be just over .500. The lineup won't be in place until after Princeton and West (Dec. 20/21). That is going to hurt because those are two matches we have a shot at.

Guys who need to step up big are McGee, Mohammad, Davila, Bruno and Kouroume, Dempsey, Pinos, Waleed, Massaquoi. I'm not sure about 160, Nunez should be at 170 but he'll be at 82 until Christmas. We have Williams, Comulado and Meneus from 192-220 and we have Kevin "Big Red" Ronan at heavyweight. He's 6-4, 287 but has no experience. He's getting better every day.

We're working hard and I feel we should upset a few teams, but we have to outwork our opponents, work together and stay off our backs. The Swamp Rats are gong to bring it, and you better be ready to battle!

SCHEDULE

Saturday 12/17	9:30am	vs. Nottingham Invitational Tournament
Tuesday 12/20	5:30pm	vs. Princeton High School
Tuesday 12/20	5:30pm	vs. Princeton High School
Tuesday 12/20	5:30pm	vs. Princeton High School

Wednesday 12/21	5:30pm	@	<u>Hamilton West H.S. (weigh in 4:45 pm)</u>
Wednesday 12/21	5:30pm	@	<u>Hamilton West H.S.</u>
Wednesday 12/21	6:30pm	@	<u>Hamilton West H.S.</u>
Wednesday 12/28	9:30am	@	<u>Haddon Twp. Tournament</u>
Tuesday 1/3	4:30pm	@	<u>West Windsor-Plainsboro N.</u>
Tuesday 1/3	4:30pm	@	<u>West Windsor-Plainsboro N.</u>
Wednesday 1/4	5:45pm	@	<u>Hopewell Valley Central HS (Weigh ins 5pm)</u>
Wednesday 1/4	5:45pm	@	<u>Hopewell Valley Central HS</u>
Wednesday 1/4	6:30pm	@	<u>Hopewell Valley Central HS (5:00 weigh ins)</u>
Saturday 1/7	10:00am	vs.	<u>QUAD--Haddon Twp, Sterling, Delran, NHS</u>
Tuesday 1/10	5:00pm	vs.	<u>West Windsor-Plainsboro S.</u>
Tuesday 1/10	5:00pm	vs.	<u>West Windsor-Plainsboro S.</u>
Wednesday 1/11	5:30pm	vs.	<u>Lawrence High School</u>
Wednesday 1/11	5:30pm	vs.	<u>Lawrence High School</u>
Saturday 1/14	5:30pm	@	<u>Notre Dame High School</u>
Tuesday 1/17	5:30pm	@	<u>Allentown HS</u>
Wednesday 1/18	5:30pm	@	<u>Allentown High School</u>
Saturday 1/21	tba	vs.	<u>Hightstown High School (Tri meet @ Nottingham)</u>
Saturday 1/21	10:00am	vs.	<u>TRI--Hightstown, Bordentown, NHS</u>
Tuesday 1/24	5:30pm	vs.	<u>Trenton Central High School</u>
Friday 1/27	6:00pm	vs.	<u>MCT</u>
Saturday 1/28	9:00am	vs.	<u>MCT</u>
Wednesday 2/1	5:30pm	@	<u>Robbinsville High School</u>
Wednesday 2/1	7:00pm	@	<u>Robbinsville High School</u>
Thursday 2/2	5:30pm	vs.	<u>Steinert HS</u>
Saturday 2/4	10:00am	vs.	<u>QUAD--No. Burl, TBA, TBA, NHS</u>
Tuesday 2/7	5:30pm	@	<u>Ewing High School</u>
Thursday 2/9	5:30pm	vs.	<u>Pemberton High School</u>
Friday 2/10	7:00pm	@	<u>Monroe Township HS</u>
Saturday 2/11	10:00am	vs.	<u>QUAD--So. Bruns, Highld Pk, Rancocas Vly, NHS</u>
Friday 2/17	tba	vs.	<u>NJSIAA District 25 Tournament</u>
Saturday 2/18	tba	vs.	<u>NJSIAA District 25 Tournament</u>
Tuesday 2/21	tba	vs.	<u>NJSIAA Region 7 Tournament</u>
Friday 2/24	tba	vs.	<u>NJSIAA Region 7 Tournament</u>
Saturday 2/25	tba	vs.	<u>NJSIAA Region 7 Tournament</u>