

HAMILTON WEST 2011-12 SWIMMING OUTLOOK

BOYS

Head coach: Dan Seeth, 3rd season

Assistants: Linda "Ms. Bear" Laird, Maria Weil

Last season: 2-9

Top swimmers: Griffin Hutton (Fr. Fly, distance), Jacob Torres (Fr., IM, Free), Aleks Henson (Fr., free, breast), Sam Markos (Jr. free, back), John Matisa (Jr., free), Nick Walter (soph, free, IM), Maciej Bury (Jr., free, back), Austin Jenkins (soph., sprint, free), Ed Kitner (soph., sprint, free), John Novak (Fr., sprint, free)

Seeth says: We graduated 10 seniors last year, which was a big loss. Fortunately we picked up a very strong and promising freshman class and had a few returning juniors. We're a young team with a lot of potential that can be taken seriously as a competitor this year.

GIRLS

Head coach: Kyle Schulke, 2nd season

Assistant: Linda "Ms. Bear" Laird

Last season: 1-9 (with one co-ed win that went on boys record)

Top swimmers: Abi Wagner (Sr. distance), La'Quasia Ashmore (Sr., free), Christine Carbone (Jr., IM/fly), Alyson Courtney (Jr., distance/back), Ariana Gagliardi (Jr., free), Sofi Walter (Jr., IM/distance), Amanda Beym (So., free), Autumn Sharkey (So. fly), Stephanie Sparano (So. back), Maddie Uram (So., breast), Cassidy Wagner (Fr., back)

Schulke says: The strengths of the team this year may be the stroke events. Maddie Uram is looking to improve on her break-out freshman campaign in breaststroke and is looking to become one of the top breaststrokers in the country. Sofi Walter can swim any stroke event well and gives me added flexibility in the line-up. Alyson Courtney has been working hard this summer and is looking towards dropping tons of time in the distance events.

We lost some key swimmers last year and with only a few additions I am looking for the sophomores and juniors to step it up this season. The girls are ready to put a lot of hard work in the pool in order to see time big time drops throughout the season.

Let's start with: Hornets travel to Princeton for 4 p.m. meet on Tuesday, Dec. 6.